What Services are provided to Home Groups and AA Members By the AA Heart of Virginia Intergroup?

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Overview

The Heart of Virginia District Intergroup (Intergroup) has been created by AA home groups in the area to provide services and sponsor activities serving the needs of the home groups and members. It is an umbrella service organization under the direction of representatives of the home groups to meet the needs of home groups, AA members and individuals in recovery or seeking recovery from alcoholism. As a vehicle for coordination and cooperation among home groups, Intergroup helps to achieve efficiency and economy for the home groups and to make AA's hand more readily available to help the suffering alcoholic. Intergroup works in close partnership with a sister umbrella organization, the Heart of Virginia District Service Committee. Listed below are some of the services provided by Intergroup.

Web Site

Intergroup maintains a website (https://aaheartofva.org/) to provide information over the internet about open and closed meeting (days, times and locations) special events, volunteer opportunities, and other information about Intergroup, District, and various AA support activities and functions. To post meeting updates and notices on the web site, send the information to AACharlottesville@gmail.com.

Answering Calls

In order to respond to telephone inquiries from persons seeking information about local AA meetings and activities, Intergroup maintains a list of AA volunteers to answer incoming calls. An answering service routes these calls to AA volunteers when no one is available to answer the phone at the Intergroup office. AA volunteers are always needed for this important service of responding to calls. For more information, see the "Service" tab at the web site.

Meeting Lists

In addition to web site information, Intergroup provides a printable list of home group meetings (days, times and locations) for distribution at meetings. To submit updates to meeting schedules send the information to AACharlottesville@gmail.com.

Activities and Marathons

The Intergroup, on its own or in cooperation with District or home groups, sponsors the Christmas and other marathons, the Founder's Day picnic, conferences, special events and fellowship activities.

Literature and Chips

Intergroup maintains at the central office an inventory of AA books and pamphlets for home groups and members to purchase. Also, available is a supply of plastic chips and bronze medallions to mark individual's time in sobriety. This Intergroup service makes it easier, quicker and less costly for home groups and individuals to obtain AA-authorized books.

Central Office

With assistance from District, Intergroup rents an office (Suite 3-A, 1807 Emmet Street) for a variety of uses including telecommunications linkage, access to purchase literature and chips, answering calls, maintaining files and records, storing and making available supplies for events. The office is used as a meeting room for committees, open and closed meetings, sponsor/sponsee sessions, and other special meetings.

Communication and Coordination among Home Groups

Both Intergroup and District are forums for communication and coordination among home groups. Where there are activities, projects, issues and questions that cut across many home groups, Intergroup serves as an important focal point for exchange of information and collaboration. Such communication and coordination helps to achieve efficiency and economy for the home groups and to assure AA's availability to help the suffering alcoholic and those in recovery.

Home Group Representatives and Intergroup Governance

Every home group is entitled and encouraged to send a representative to the monthly Intergroup meetings, held at 7:00 PM on the first Thursday of the month via Zoom at https://zoom.us/j/93491831611. Individual members are always welcomed guests! Pursuant to the governance bylaws, decisions are made after discussion and voting by groups' representatives.

Volunteers are always needed!

There are numerous ways to be of service through Intergroup, such as serving as your home group representative or alternate; participating on an Intergroup committee: volunteering to answer calls; donating funds; helping at marathon events or special programs. For more information, speak with your Intergroup home group representative, call the office (434-293-6565) or send an e-mail to aacharlottesville@gmail.com

Financial Support for Intergroup Services

The services provided by Intergroup are made possible by contributions from home groups and AA members. Without those contributions, Intergroup cannot provide the services listed above. Home groups are encouraged to make quarterly contributions to Intergroup to support ongoing operations and services. Contributions from AA members are always helpful too. Donations can be made payable to Jefferson District Intergroup and mailed to P.O. Box 6911, Charlottesville, VA 22906.