

11th Step Meditation Retreat

Saturday, November 16, 2024

11:00 – 11:45 am

Yoga & Social Time

12:00- 1:15 pm

Lunch

3:30 – 4:30 pm

Fellowship

1:30 - 2:15 pm

Guided Meditation

2:30 - 3:30 pm

11th Step Meeting

11th Step Group
Heart of Virginia



Mountain Light Retreat Center, 6656 Mountain Light Pl, Crozet, VA

Beverages and sandwiches provided,
Feel free to bring a treat or side dish to share.