

11th Step Meditation and Fellowship Retreat

Saturday, October 11, 2025

Mountain Light Retreat Center
6656 Mountain Light Place
Crozet, VA



Schedule:

11:00 - 11:45 am Yoga or social time
(bring your own mat)

12:00 - 1:15 pm Lunch

1:30 - 2:15 pm Guided Meditation

2:30 - 3:30 pm 11th Step Meeting

3:30 - 4:30 pm Fellowship

(sandwiches and drinks will be provided,
feel free to bring a side dish or dessert)

Hosted by the 11th Step Group

Directions to Mountain Light:

www.mountainlightretreatva.com

- From Barracks Road Shopping Center take Garth Road west
- Turn right at the Hunt Country Store onto 601 (Free Union Road)
- Travel 11 miles north (through Free Union) to intersection with Rt 810
- Turn left on 810
- Travel 2.5 miles
- 6656 Mountain Light Place driveway is on the left.

Note: House numbers are not sequential on Route 810!! Look for the sign.